# GET AVY SAVVY!

# with Backcountry Babes

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# Women's Specific AVALANCHE COURSE!

AIARE LEVEL I: Decision Making in Avalanche Terrain

Nov 30 – Dec 2, 2012 \$375

This course helps women achieve confidence in their ability to make informed decisions and establish self-sufficient practices while traveling, skiing, and riding in the backcountry:

Uses American Institute for Avalanche Research & Education (AIARE) Level I backcountry awareness and avalanche safety curriculum, and is catered specifically to women.

This is your chance to get out there and learn this stuff from women, with women!

# American Institute of Avalanche Research & Education Instructors:



#### Sarah Carter

Sarah forecasts for the Valdez Avalanche Center, serves as education coordinator for the Alaska Avalanche Information Center, & is our lead AIARE instructor.



# Jenna Boísvert

Jenna is owner of Backcountry Babes, and helps educate women in avalanche safety, ski instruction, and other yearround outdoor adventures.



#### Nancy Elrod

Nancy is a Professional Freeskier and Juniors Free-ski Judge; & regular instructor for Backcountry Babes.



#### Leighan Falley

Leighan is a certified mountain guide, heliski guide, and instructs avalanche courses for the Alaska Avalanche School in Anchorage.

# Backcountry Babes

907-444-8590 babesinthebc@gmail.com www.backcountrybabes.net



# After the course you should be able to confidently

- Recognize avalanche terrain
- Recognize weather, snow, and terrain factors contributing to slope instability
- Make competent decisions regarding winter backcountry travel
- Apply safe snow travel techniques
- Apply effective avalanche rescue

# **Course Requirements**

- Be a competent skier or snowboarder
- Backcountry skis or splitboard w/ skins
- Avalanche beacon, probe, & shovel (some demo gear available)

#### **COURSE DETAILS:**

Fri-Sun (~8a-6p)
Taught in Anchorage,
Turnagain Pass &
Eagle River

### REGISTER @ www.backcountrybabes.net



















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